

## **Our Vision**

Lasting health change in Africa



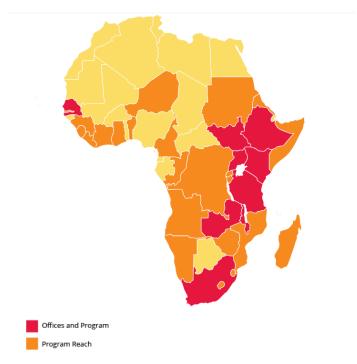
## **Our Mission**

To increase sustainable health access to communities in Africa through solutions in human resources for health, health service delivery, and investments in health

Amref Health Africa's community-led health-focused programs extend across 35 countries in sub-Saharan Africa. In 2022, Amref reached more than 31.5 million creating lasting health change in Africa.

As an African-led, Africa-based international organization, our global headquarters is in Nairobi, Kenya and has been since our founding in 1957.

We are one of 10 offices in Europe and North America that focus on supporting programs through fundraising, project management, and generating awareness.



#### Credits

The photos on the front cover of the 2022 Annual Report features Margaret Kazembe with her son Anafi at their home in Moliha, Machinga, Malawi.

Photo by: Amref Health Africa / David Brazier

www.amrefcanada.org Charitable Number: 11921 1282 R R0001

## **Year In Review**

Thank you for supporting lasting health change in Africa

As we present this annual report, we find ourselves reflecting on 2022 – yet another year of unprecedented health crises, but also one marked by hope and resilience of the human spirit.

Throughout the year, the world, and Africa in particular, faced daunting health challenges, ranging from Ebola outbreaks in Uganda and cholera in Malawi to armed conflict and human displacement in Sudan and Ethiopia – all while grappling with the ongoing impacts of the COVID-19 pandemic. The greater horn of Africa additionally faced the dual burden of droughts and flooding, magnifying issues of malnutrition and disease. These persistent health threats, exacerbated by the ongoing climate crisis and limited access to essential healthcare, serve as a reminder of the significance of Amref's continuous efforts to increase and enhance sustainable health access to communities across Africa.

Yet, as 2022 drew to a close, we saw many reasons for hope. Uganda was successfully declared Ebola-free on November 27, less than three months after the first case. Malawi contained cholera effectively. Amref delivered over 21.5 million COVID-19 vaccine doses – thanks in large part to the 2021 global vaccine solidarity campaign supported by many of our Canadian donors.

We trained more than 70,000 Community Health Workers to roll out essential health services in hard-to-reach communities using digital learning platforms such as Leap and M-jali. Alongside the COVID-19 response, we continued providing maternal health and newborn services, children's vaccinations, nutrition programs, and sexual and reproductive health outreach work.

In 2022, Amref Canada's focus remained on building a strong, diverse funding base through support from individual Canadians, foundations, and the Government of Canada. We know that reaching our vision of lasting health change in Africa hinges on people supporting people.

We are profoundly grateful for Canadians' unwavering support for Amref's mission at a time when so many are facing their own challenges in a difficult economic climate.

As we look to the future, we are energized by Amref's renewed mission focus outlined in its 2023 – 2030 strategic plan: To catalyze and drive community-led and people-centred health systems while addressing social determinants of health. With a 65+ year legacy as a trusted Africa-based and Africa-led organization, Amref has consistently delivered on its commitments to the people of Africa. This strategy is poised to bring about transformative and lasting health change to everyone, everywhere on the continent.

As you read our 2022 Annual Report, and as we prepare to celebrate 50 years of Amref Health Africa in Canada in 2023, we hope that you will feel inspired by the impact your support continues to make possible

Thank you.



**Ryan Wiley, PhD.**Chair, Board of Directors
Amref Health Africa in Canada

# **Global Accomplishments**

#### 2022 Impact

A snapshot of Amref Health Africa's impact in 2022, made possible by our supporters in Canada and around the world.



31.5 million people reached directly through 193 projects in sub-Saharan Africa.



**110,000 trainings to more than 70,000+ health workers** in the community and at health clinics trained on essential health topics, including COVID-19.



**114,000+ health workers** provided with personal protective equipment (PPE), such as masks, gloves and gowns, to prevent the spread of COVID-19 while working.



**48,000+ COVID tests** conducted by the Amref Medical Centre in Nairobi, Kenya.



**15.9 million people** fully vaccinated against COVID-19, with more than **21.5 million** doses delivered.



**1.1 million people** received access to testing for HIV/AIDS, **740,810+** for malaria and more than **1.4 million** for Tuberculosis (TB). HIV/AIDS, malaria and TB are the three biggest infectious disease killers in sub-Saharan Africa. Access to accurate testing is essential for ensuring people get the right treatment.



**227,573 children** vaccinated against measles, diphtheria, polio and other potential deadly diseases through Amref-supported health facilities.



**200,000+ people** received access to clean water, and **350,000+** to improved sanitation, such as toilets. Improving access to clean water and sanitation helps to prevent illnesses, such as diarrhea and cholera.



**400,000+ people** gained access to soap, hand sanitizer and other essential products to improve hygiene.

## **Support In Action**



# Malawi: Supporting Sustainable Water Access

Margarete Kazembe, 40, pumps water from the well with baby Anafi by her side. The one-year-old baby, calm, seems to now be familiar with this evening tradition of fetching water from the newly installed village borehole.

"Way back, we had a lot of problems accessing water. We had to wake up at 4 am only to find a crowd of people already at the borehole."

To ensure the project's sustainability, community members have been trained to ensure that the boreholes are maintained whenever they break down. There's also a committee that oversees the borehole to ensure its smooth operationalization.

Margarete serves as secretary of the Moliha village borehole group and is among those tasked to ensure quick turnaround when there's a problem.

Access to clean water changes everything; it's a stepping-stone to development. When families like Margaret's have convenient access to clean water, they're better able to practice good hygiene and sanitation.

Margarete and her husband can put aside their worries about water-related diseases and lack of clean water access. Instead, they can work on their farm and diversify their sources of livelihood and income.

(Photo credit: Amref Health Africa / David Brazier)



## Uganda: Vaccine Clinics Deliver 400k + Doses

Everyone has a right to access heathcare, no matter where they live.

In Uganda, Amref Health Africa is reaching people who live far away from health centres by bringing essential services to them. This community-level outreach has been vital during the COVID-19 pandemic.

Amref Health Africa partnered with the Ugandan Ministry of Health, the Africa Centres for Disease Control and Prevention (Africa CDC), and the David and Lucile Packard Foundation to administer more than 407,000 COVID-19 vaccine doses in just three weeks.

Setting up vaccine clinics in challenging-to-reach districts with low vaccination rates, Amref's outreach teams worked tirelessly even during the holiday season, providing information on vaccine safety and accessibility. The project's successfully reached it's goal to vaccinate 1.6 million people by December 2022, addressing vaccine hesitancy, fostering trust, and making a significant impact in controlling the spread of COVID-19 in Uganda's vulnerable communities.

(Photo by: Amref Health Africa / Abubakar Lubowa)

# **Project Update: COVID-19 Response**

We wrapped up the final year of our Canada Africa COVID-19 Response project in Ethiopia, Kenya, Malawi and Senegal, which was made possible with the financial support of the Government of Canada through Global Affairs Canada, individual donors, and foundations.

We collaborated closely with local governments and communities to enhance health systems, ensuring uninterrupted services alongside COVID-19 response efforts. Tailoring the approach to each country's requirements, we engaged in activities such as training community health workers, equipping them with the necessary knowledge and skills to educate communities about COVID-19 prevention and vaccination. Furthermore, the project addressed exacerbated challenges, including sexual and gender-based violence stemming from the pandemic. Additionally, it prioritized the provision of accurate information about COVID-19 vaccines to both communities and health workers, while furnishing crucial assistance for vaccine distribution.



**33+ million people** reached through all project activities.



**29,000+ community health workers** trained on recognizing the signs and symptoms of COVID-19, slowing community spread, the role of vaccines in preventing severe illness and much more.



**4,000+ health workers** at clinics trained on treating patients who contracted COVID-19, preventing the spread of COVID-19 among patients, doctors, nurses and other health clinic staff, and providing vaccines.

# **Ethiopia:**Supporting Sexual and Gender-based Violence Survivors

As Amref Health Africa concluded the COVID-19 Response project in Ethiopia, supported by the Government of Canada through Global Affairs Canada. we accomplished a final and crucial milestone of this initiative with pride – the establishment of an integrated One-Stop Centre for children and women who have survived sexual and gender-based violence. Located at Jinka General Hospital in the South Omo zone of the Southern Nations, Nationalities, and Peoples' Region (SNNPR) of Ethiopia, the Centre offers comprehensive medical treatment, psychosocial support, and legal services in a coordinated manner to survivors of sexual and gender-based violence.

"We used to treat SGBV cases in collaboration with another unit in only one room and we focused on clinical management. With the support of the Government of Canada through Global Affairs Canada, and Amref Health Africa, we were able to set up four separate rooms to serve survivors. The project has trained individuals and provided equipment and supplies which have assisted us in providing various integrated services," says Banchiwosen Assefa, gender-based violence coordinator at Jinka General Hospital.

Read the story

# Kenya: Teen Mother Pursues Dream of Becoming a Nurse

When Anet Owiti became pregnant at 14, after a man sexually abused her, she felt her life had come to an end. Anet lives with her father, James Owiti, in Migori County in Kenya.

After safely giving birth, Anet went back to school and completed her primary education. Anet says she has not lost hope of becoming a nurse. She is determined to pursue her dreams by continuing with her education while also taking care of her baby. She acknowledges the great support she receives from her father who is passionate about education, despite the family's struggles to pay for education fees. "I always tell my daughter to put her focus on education and ignore anyone who will judge her," says James.

Anet has also received support from her headmaster and teachers at her school. According to Peter Andedo, the headmaster of Anet's Primary School, psychosocial support is key to improving the mental health of pregnant and parenting adolescents. Most teen girls who become pregnant face mental health challenges fuelled by family and social rejection. Amref Health Africa, with support from the Government of Canada through Global Affairs Canada, has equipped teachers in Migori County – including Mr. Andedo, – with information on the available services for survivors of sexual and gender-based violence (SGBV), including health care and law enforcement agencies.

Read the story

# Malawi: COVID-19 Training through Mobile Phones

Chikhulupiliro Kalembeka, 20, is a volunteer community health worker in Tambala village in Mayaka, Zomba,

Malawi. He's been learning about how to prevent COVID-19, as well as the importance of

vaccines through Amref's mobile health learning platform, called Leap. Using a basic cellphone that doesn't need an internet connection, he can access lessons, quizzes, and participate in group chats at his own pace. More than 6,000 community health workers were quickly and safely training to respond to COVID-19 using Amref Health Africa's Leap platform supported by the Government of Canada through Global Affairs Canada.

"Having gone through the material I feel more confident to share information on COVID-19 to people

from my village. I have conducted three sensitization meetings in the village where I have reached nearly 300 people with information on COVID-19 prevention and how it spreads. I have also made 60 household visits where I have shared information on COVID-19 prevention," says Chikhulupiliro.

Read the story

# **Senegal:** Informing Communities\*

Dieynaba Seydi is a community health champion in the Sikilo neighbourhood in Kolda, Senegal.

She describes how Amref Health Africa provided essential training about COVID-19 while following safety measures to prevent transmission of the disease.

"The project took place in a particular context due to COVID-19 marked by restrictions, such as the ban on gatherings and travel.

Amref Health Africa, as part of the response to this pandemic, implemented an innovative approach to training by organizing distance learning courses, which allowed us not only to protect ourselves but also to protect others while respecting the restriction measures taken by the country's authorities.

Thanks to this training, we were able to carry out all the awareness activities planned in the project to better help our communities to stop the spread of COVID-19."

\*translated from French



ponsabil

iduelle à

à l'eau et au

This project is made possible with the financial support of the Government of Canada through Global Affairs Canada.

## Thank You to Our Donors for Five Decades.

Your support is creating lasting health change in partnership with communities in Africa. We look forward to celebrating 50 years of the impact we've made together in 2023 and beyond!

### **Health For Africa Monthly Donors**

Our dedicated community of monthly donors encourages the sustainability of our health programs and keeps administration costs low, which means your support goes even further. To become a monthly donor visit *amrefcanada.org/qive-monthly/*.

#### Leadership Donors generously support Amref Health Africa through major and multi-year gifts.

- Rev. William Baldwin
- J.Edward and Margaret Boyce
- Robert and Gayle Cronin
- Madeleine Féquière
- Lloyd Karges
- Audrey Kenny
- Charles King
- Laura MacFeeters
- Ray Owusu

- Karen Wensley
- Ryan Wiley and Brian Vandervecht
- Mel and Leona Peters
- John Rennie
- Alison Paprica
- Alanna Rondi and Allen Garson
- Dr. Becky Sigmon
- Estate of George Edward Taylor
- Kristen Barr
- Margie Zeidler

#### **Foundations**

- Carlin Foundation
- K.M. Hunter Charitable Foundation
- The Barr Family Foundation
- The McLean Foundation
- The Norman and Margaret Jewison Charitable Foundation
- The Walmley Foundation



Africa Amref Health Africa in Canada acknowledges the financial support of the Government of Canada through Global Affairs Canada, which is contributing \$31,122,612 over seven years to improve the health of mothers and children and respond to COVID-19 in Ethiopia, Kenya, Malawi, Senegal and Tanzania, and \$11,019,769 over five years for sexual and reproductive health and COVID-19 response in rural Tanzania.

# AMREF HEALTH AFRICA | 2022 ANNUAL REPORT

## **Donor Spotlight**



## A Mission to Support Health Training using Technology

Every one of our donors has a story and a unique connection to our mission. This is especially true for our supporters at the Carlin Foundation.

With a five year commitment, funding from the Carlin Foundation has supported the development of a module for disease surveillance at the community level, training of Community Health Workers (CHWs) on the module's use, and data collection via the disease surveillance app, M-Jali.

M-Jali is Amref's innovative solution for improving collection, analysis and dissemination of community data. It incorporates a mobile application for capturing data at the household level and transmitting it to a web-based database.

Data collection is undertaken by CHWs in even the most remote areas, and that provides Governments and health facilities with access to timely, accurate and complete health data.

This information is critical to governments for effective and efficient allocations of health interventions and resources.

Recently, the team has accomplished the development of a mobile app and a dashboard to present analytics on signal detection and the location of reported incidences. These tools are intended for stakeholders, including disease surveillance teams and CHWs supervisors.

The team has identified 340 Community Health Workers (CHWs) in Kenya and Zambia who will undergo training on the tool. These trained CHWs will regularly use the app to conduct early warning interventions by asking simple questions to households. The primary goal is to "raise red flags" and assess public health risks related to outbreaks of epidemics or pandemics.

Currently, 40 CHWs in Kenya have already completed their training, and an additional cohort of 300 CHWs in Zambia are expected to begin their training in August 2023. This app is utilized by all 54 member states under the Africa Union, making it conducive to widespread scalability without the need for separate app development for each country.

Thanks to the dedicated support of the Carlin Foundation, Amref Health Africa is making real lasting health change possible through one digital innovation at a time. Thank you for continuing to be a part of the journey and solution with us.



# 2022 Financial Report

Revenue and Support	Restricted Stream	Investment Funds	Unrestricted Stream	202 <b>2</b>
Institutional/ Government of Canada Funding	93,495		464,165	557,660
Foundation	20,000		18,000	38,000
Individual	1,408		988,267	989,675
Investment Income	1,125	(52,142)	6,264	(44,753)
Amref Health Africa Global / Admin Fees			220,871	220,871
Total Revenue	116,028	(52,142)	1,697,567	1,761,453
Expenditures				
Projects in Africa Designated	1,275,562			1,275,562
Project Support General			252,337	252,337
Projects and Project Support				
Public Awareness			61,206	61,206
Marketing / FR Acquisition			805,519	805,519
Other fundraising			189,296	189,296
Administration				339,730
Total Expenditures	1,275,562		1,648,088	2,923,650
Surplus(deficit)	(1,159,534)	(52,142)	49,479	(1,162,197)

#### 2022 Financial Review:

The loss reported in the restricted stream relates primarily to the timing of disbursements for major projects. As a program-delivery charity, the nature of funding agreements dedicated to specific projects is such that the timing of funds received and funds being deployed towards program delivery costs are not always aligned with the fiscal year, which can result in a short-term mismatch between funds received and funds disbursed.

The loss in the investment fund relates to unprecedented fluctuations in the financial markets post COVID-19 pandemic which had a significant impact on our investment results in 2022.

We recorded a profit in the unrestricted revenue stream consistent with the previous fiscal years. Funds raised in excess of expenditures in the unrestricted stream are invested by the Board of Directors in funds that can be directed to areas of greatest need towards our mission in subsequent years.

We remain committed to a prudent approach in managing our financial resources, ongoing development of our fundraising strategies, and a focus on operational excellence that will yield favorable outcomes in the upcoming fiscal years.





Amref Health Africa in Canada 489 College Street, Suite 300, Toronto, Ontario M6G 1A5 www.amrefcanada.org