



# 2020 Annual Report



# Our Vision

Lasting health change in Africa



# Our Mission

To increase sustainable health access to communities in Africa through solutions in human resources for health, health service delivery, and investments in health

## Amref Health Africa in Canada Board of Directors (2020)

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**Rachel Lancaster**

*Director of Marketing and Fundraising  
(to March 2020)*

**Dave Callan**

*Director of Marketing and Fundraising  
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**Liz Doyle**

*Donor Relations and Operations Manager  
(from November 2020)*

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**Samuel Smeaton**

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**Melina Kalamandeen**

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**Jasmine Vallve**

*Program Officer  
(to August 2020)*

## Credits

Design: filkollinz.com

The photos on the cover of the 2020 Annual Report feature two young women in the Simiyu Region of Tanzania who received training from Amref Health Africa on youth sexual and reproductive health and rights. These two young women became peer educators, sharing their knowledge with fellow youth.

[www.amrefcanada.org](http://www.amrefcanada.org) Charitable Number: 11921 1282 R R0001



# Year In Review

Thank you from our Board Chair and Executive Director

Looking back on 2020 is like looking into a faded mirror. We can see the general shape of what happened, but aren't always clear on the finer details. The usual cycles of our work and personal lives disappeared, replaced by challenges and realities on a global scale that we had not faced before.

From the early reports of an unknown coronavirus – later to be called COVID-19 – Amref Health Africa supported governments and communities in sub-Saharan Africa to respond. By the time the World Health Organization declared COVID-19 a pandemic on March 11, 2020, we were already hard-at-work training health workers and educating communities about this new disease. Our goal was to make sure no one was left behind – no matter who they were or where they lived.

Across our global network in Africa, Europe and North America, Amref Health Africa staff, volunteers, and supporters came together like never before, reaching 7.8 million people directly with our vital health-focused projects. Our COVID-19 response in Ethiopia, Kenya, Malawi and Senegal funded entirely by support from Canadians through the Government of Canada reached 1.4 million people. The project trained health workers, provided handwashing stations, and educated communities so they could stay safe (see page 5 for more details).

We also quickly adapted our Uzazi Uzima (Kiswahili for “Safe Deliveries”) project in Tanzania to safely continue our activities in Simiyu Region to improve the health of women, teenagers and children while adding new ones to respond to the COVID-19 emergency. Pages 6 and 7 provide a snapshot of what we've accomplished in Tanzania thanks to the financial support of the Government of Canada, foundations and individuals.

Despite the many challenges brought on by COVID-19, we contributed 85% of our revenue directly to programs and programs support. We also ended 2020 on a solid financial footing, the results of our efforts over recent years to diversify and strengthen our funding base.

COVID-19 challenges remain in countries in Africa, where a severe shortage of vaccines is prolonging illness and death. Our new Vaccine Solidarity with Africa campaign is focused on raising the funds needed to ensure all communities in Africa have the same access to life-saving vaccines that we do.

We hope that you enjoy reading through our 2020 Annual Report and seeing the lasting difference your support has made. Thank you for your continued dedication to our vision of lasting health change in Africa, especially during difficult times here at home in Canada.



**René Beaudoin**  
*Chair, Board of Directors*



**Onome Ako**  
*Executive Director*

# 2020 Global Accomplishments

Highlights of some of Amref Health Africa's key accomplishments from our COVID-19 response and ongoing essential health projects, made possible by our supporters from Canada and around the world.



**7.8 million people**  
reached directly through 207 projects.



**247,612 health workers**  
received training, including on how to prevent and treat COVID-19.



**75,338 health workers**  
provided with personal protective equipment (PPE), such as masks, gowns and gloves, to prevent them from contracting or spreading COVID-19 while working.



**3,151 people**  
tested for COVID-19 in Amref Health Africa clinics.



**101,870 people**  
received access to water and **806,098** received access to improved sanitation through our projects.



**650,498 people**  
received access to testing for HIV/AIDS, **133,218** for malaria and **103,354** for Tuberculosis, three of the deadliest infectious diseases in sub-Saharan Africa. Quick access to testing is vital for ensuring people get the treatment they need.



**303,692 vaccinations**  
provided to children to protect them against life-threatening, preventable diseases, such as measles, mumps and polio.

# COVID-19 Response

Communities in sub-Saharan Africa are facing the COVID-19 pandemic within a challenging context: fragile, under-resourced health systems that can quickly become overburdened; a shortage of trained health care workers; a lack of reliable access to clean, running water; and a limited supply of COVID-19 vaccines.

With the financial support of Canadians through the Government of Canada, and our committed donors, we responded to the COVID-19 crisis in Ethiopia, Kenya, Malawi and Senegal focusing on:

- Providing personal protective equipment (PPE), such as masks, gowns and gloves, to health workers.
- Setting up handwashing stations at health facilities, marketplaces and other public areas.
- Training community and facility-based health workers on how to prevent and control the spread of COVID-19, using our mobile health training platform called Leap.
- Busting myths and dispelling misinformation about COVID-19 through community radio programs, posters, billboards, social media and house-to-house visits.

## Results Highlights



Reached **1.4+ million** people directly.



Trained **25,000+** community health workers, and **1,700+** facility-based health workers, such as nurses and midwives.



Provided **4,500** N95 masks, **38,000+** disposable surgical masks, **45,000+** gloves, **1,200+** handwashing stations, **14,000+** bars or bottles of soap and **1,800** bottles of sanitizer.

## Community Voices



*"Since COVID-19 came, we had to work extra hard because we also have other diseases to monitor in the community. The training from Amref Health Africa on COVID-19 gave us confidence to attend to our community."*

Jared Ogondi, a volunteer community health worker in Migori County, Kenya, has provided home-based care for several people in his community who have contracted COVID-19, checking in on them daily to monitor their symptoms and ensure they are following COVID-19 protocols. He also refers patients to the hospital if their symptoms get worse.

Photo by Kennedy Musyoka, Amref Health Africa



This project is supported by the Government of Canada through Global Affairs Canada.

# Project Report

## Uzazi Uzima (“Safe Deliveries”)

That’s a wrap on Year Four of our Uzazi Uzima (Kiswahili for “Safe Deliveries”) project.

Uzazi Uzima partnered with communities in the Simiyu Region in northern Tanzania to improve the health and rights of women, children and teenagers with financial support from the Government of Canada through Global Affairs Canada. Since 2017, Uzazi Uzima has focused on ensuring communities have access to sexual and reproductive health services, such as contraception, and essential health care for pregnant women, babies, growing children and teens, including immunization and nutrition. The project has also improved 24 health facilities by providing access to clean water and sanitation facilities, constructing and renovating maternity wards and operating rooms, and creating special spaces for health services tailored to youth.

When COVID-19 hit in 2020, Uzazi Uzima introduced new activities to respond, including training community and facility-based health workers on the prevention and treatment of COVID-19 and providing much needed personal protective equipment (PPE).

### Partners:



Amref Health Africa



Government of Canada



Marie Stopes International



Deloitte (service partner)



Government of Tanzania

### Results Highlights



**680,000+**

women, girls, men and boys reached directly through the project’s integrated health-focused activities.



**800**

community health workers trained on sexual and reproductive health and rights. Community health workers are the first point of contact for health education in communities where the project worked.



**350,000**

people reached directly with education about essential health care, such as contraception, immunization, nutrition and pre- and post-natal care, through community events that used plays, poetry, songs and dance to spread awareness.



**80%**

of pregnant women and teenage girls delivered their babies in a health facility, an increase of 23% since the start of the project. Giving birth at a health facility, rather than at home, reduces the risk of women and newborns dying due to complications.



**1,200+**

secondary school students trained on sexual and reproductive health and rights for young people. These students trained their fellow young people through youth clubs at 145 schools that were set up through the project.



**81%**

of young people, aged 10 to 24, used the youth-friendly health services established through the project. No such services existed before the Uzazi Uzima project started.

# Impact Stories

## Gertrude, Youth Peer Educator



Photo by Adrian Mgaya, Amref Health Africa

*"Peer education on SRHR [sexual and reproductive health and rights] has empowered me and my fellow young people. The education has and will offer us to participate in opportunities, to participate in activities that affect our lives and to have access to information and services we need and to protect our health,"*

says Gertrude Mederd Fastori, 24, a youth educator in Bariadi District, Tanzania.

Gertrude is one of the more than 1,200 young people trained on sexual and reproductive health and rights through the Uzazi Uzima project. The training covered topics including how to prevent sexually transmitted infections, such as HIV/AIDS, gonorrhea and syphilis, family planning, effects of pregnancy at a young age, unintended pregnancies, early marriages and unsafe abortions. Gertrude took the information she learned and educated young people in her community. She also encouraged them to seek out health care through the new youth-friendly health services created through Uzazi Uzima.

## Marko, Community Health Worker



Photo by Adrian Mgaya, Amref Health Africa

*"I'm so grateful to Amref's Uzazi Uzima project. The training led to an increase of pregnant mothers coming to deliver at Mwasamba dispensary, from eight per month before the training to 24 per month after the training. Amref also constructed a labour ward, equipped for the mother and child. This has also resulted in an increased number of patients attending Mwasamba dispensary. Previously, many mothers did not feel comfortable giving birth at the dispensary due to a tiny delivery space and the large number of patients that populated one building."*

Community health workers received training about the importance of pregnant women attending pre- and post-natal care as well as giving birth at health facilities which they then shared with community members during regular household visits.

Mwasamba dispensary also received access to water through the project. "Before Uzazi Uzima intervened in providing water, we used to tell relatives or those accompanying the pregnant mothers to carry water since the health providers can't leave the patients and fetch water," he says.

# Thank You to Our Donors

You are creating lasting health change for the most vulnerable people in communities throughout Africa. With your support, we are responding to COVID-19 and tackling other critical health issues to improve the lives of women, children and families for generations to come.

## Leadership Donors generously support Amref Health Africa through major and multi-year gifts.

- Farouk Ahamed
- Varouj & Kerstin Aivazian
- Guy P. Arsenault
- Jane Arthur
- Kwadwo Asante
- William Baldwin
- Lynn Bayer
- René & Lisa Beaudoin
- Margo Blackell
- Elizabeth Bosman
- James Brierley
- Mark & Stephanie Bunting
- Kate A. Crawford
- Chris Crawford
- Robert & Gayle Cronin
- Cora, Megan and Daniel Eelhart
- Estate of George Edward Taylor
- Estate of Thomas Lane
- Gwynneth Evans
- Shirley Fagan
- Madeleine Féquière
- Nancy Fitch
- Lesley Forrester
- Helena Friesen
- Hassan Ghasemi
- Deanna Dee Gelbart
- Marlyn Grodde
- Steve & Mary Hafner
- Jeremy & Joanne Haigh
- Serena Hak
- David Hamilton
- Lloyd Karges
- Audrey Kenny
- Charles King
- Ranjit Kumar
- Raymond & Virginia Lafond
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- Alison Paprica
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- Jeff Pentland & Dr. Astrid Guttman
- Dr. Bobbi Popovec
- Tim & Frances Price
- John Rennie
- William & Lorraine Rooney
- Alanna Rondi & Allen Garson
- Dr. Lindsay Ryerson
- Steven Salamon & Karen Goos
- Shaun Sanderson
- Ven Seshadri
- Robert Shatford
- Lenore Sheehan
- Dr. Becky Sigmon
- Therese Stukel
- United Way of Ottawa
- United Way of Greater Toronto
- Peter & Laurie Thompson
- Hassan Valji
- Stuart Waugh
- Karen Wensley
- Ryan Wiley
- Kathryn Wotton
- Denise Young
- Hongjin Zhu
- Ryan Zubair

## Health For Africa Monthly Donors

Our dedicated community of monthly donors encourages the sustainability of our health programs and keeps administration costs low, which means your support goes even further. To become a monthly donor visit <https://amrefcanada.org/give-monthly/>.



## Foundations

- Abundance Canada
- Blossom Foundation
- Cato Foundation
- Charities Aid Foundation of Canada
- Jewish Foundation of Greater Toronto
- K. M. Hunter Charitable Foundation
- The Barr Family Foundation
- The Norman and Margaret Jewison Charitable Foundation
- The Walmley Foundation

## Corporations

- EEM Gestion ESS Inc.
- Springboard Strategies Inc
- Torys LLP

## Canada

Amref Health Africa in Canada acknowledges the financial support of the Government of Canada, which is contributing \$28,502,612 over five years to improve the health of mothers and children and respond to COVID-19 in Ethiopia, Kenya, Malawi, Senegal and Tanzania, and \$11,019,769 over five years for sexual and reproductive health and COVID-19 response in rural Tanzania.

# Vaccine Solidarity with Africa

Amref Health Africa is part of an active movement to address the uneven distribution of COVID-19 vaccines – specifically across Africa. Current data show that less than 3% of the African population has received at least one dose of a COVID-19 vaccine, while more than 44% of the population in North America and Europe has received at least one dose. (Our World in Data, July 2021). At this rate, the World Health Organization estimates it could take until 2023 for the continent of Africa to achieve herd immunity (60% of population vaccinated).

As global citizens, we all have a role to play. Amref Health Africa is committed to making sure no one is left behind even in the most remote communities. Together, we can have a profound impact – one that has communities at its heart.

Our dedicated donors, partners and staff here in Canada and around the world are bringing real change on a daily basis. Thank you for being part of the journey and solution with us!

Join our Vaccine Solidarity with Africa campaign at [www.amrefcanada.org/vaccinesolidarity](http://www.amrefcanada.org/vaccinesolidarity)

**VACCINE  
SOLIDARITY  
WITH AFRICA**



# 2020 Financial Report

Revenue	2020	2019
Institutional/ Government of Canada Funding	7,692,483	6,477,786
Corporate	0	382,998
Foundation	197,922	220,915
Individual	481,398	443,497
Investment Income	33,057	77,898
Government of Canada Wage Subsidy	145,729	–
Administration Fees	126	49,564
Amortization of deferred Contributions	260	325
Amref Health Africa Global	460,682	676,369
<b>Total Revenue</b>	<b>9,011,657</b>	<b>8,329,352</b>

Expenditures		
Disbursements to Projects in Africa	5,538,833	6,812,112
Project Support	327,538	422,756
<b>Projects and Project Support</b>	<b>5,866,371</b>	<b>7,234,868</b>
Public Awareness	53,903	85,037
Marketing solicitation	589,151	483,373
Other fundraising	122,114	210,060
	<b>765,168</b>	<b>778,470</b>
Administration	279,444	304,790
<b>Total Expenditures</b>	<b>6,910,983</b>	<b>8,318,128</b>
<b>Surplus(deficit)</b>	<b>2,100,674</b>	<b>11,224</b>

Statement of Financial Position		
Operating Assets	608,955	334,784
Restricted project funds available for disbursement	4,182,104	2,185,605
Development Funds	620,688	610,856
Capital Assets	10,146	6,088
	<b>5,421,893</b>	<b>3,137,333</b>
Liabilities	453,230	269,344
Net Assets	4,968,663	2,867,989
	<b>5,421,893</b>	<b>3,137,333</b>

## 2020 Expenditures

● Programs and Program Support	5,866,371
● Fundraising	711,265
● Administration	279,444
● Public Awareness	53,903

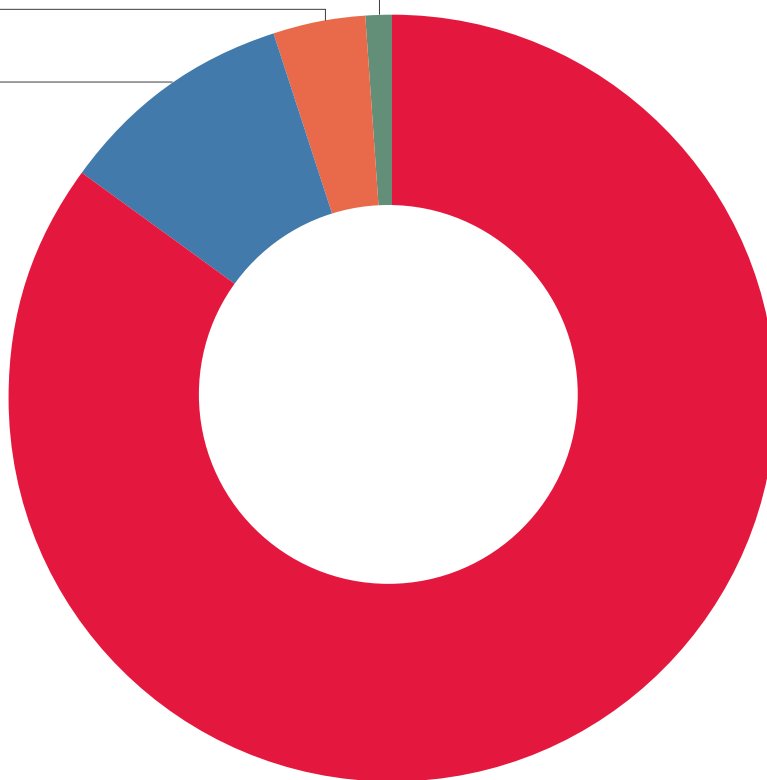
<b>Total</b>	<b>6,910,983</b>
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Public Awareness: 1%

Administration: 4%

Fundraising: 10%

Programs and Program Support: 85%



**Note 1:** Amref Health Africa International together with Amref Flying Doctors in the Netherlands is contributing to the growth and development of fundraising capacity in the Canadian office. Through this new international cooperation, the initiative will improve the financial stability and sustainability of Amref Health Africa in Canada for the longer term. Total investment is €1.7 million over 6 years.

**Note 2:** Disbursements include funds to Amref Health Africa offices in Africa as well as funds to Canadian-based partners for project implementation activities in Africa. Funds disbursed to Canadian-based partners in 2020 was \$1,006,972.



Photo by Brian Otieno



Photo by Steve Kagia, Amref Health Africa

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